



NEW!!

2018 Educational Support Group for **Family Members & Friends of People with Hoarding Behaviors**

WHEN? First Tuesday evenings of each month - 7 to 9 PM
1/2, 2/6, 3/6, 4/3, 5/1, 6/5, 7/3, 8/7, 9/4, 10/2, 11/6, 12/4

WHERE? Belmont Behavioral Hospital
4200 Monument Road (Room 139)
Philadelphia, PA 19131

COST? No charge

This confidential educational support group will address the challenges that may be affecting you if you have a loved one with hoarding behaviors. As a family member or friend, you may be feeling sad, worried, fearful, angry, guilty, helpless, hopeless, burned out or overwhelmed by all of these feelings. This group can give you helpful information and ideas so you can feel more effective and hopeful. The format is a combination of focused discussions, problem solving & sharing, with occasional guest speakers or videos.

You will learn that you are not alone!

The facilitator is MaryCatherine Lowery, MS, CADC, Manager of the Training & Education Center (TEC) at Mental Health Partnerships

**To get more information or to register,
please contact MaryCatherine Lowery
at 267-507-3865 or mlowery@mhphope.org**

*If weather is questionable, call 267-507-3865 after 1 PM and greeting will
say if meeting is cancelled*