

Philadelphia Hoarding Task Force Conference – Thursday, May 16, 2019

“Digging In and Digging Out”

Welcome and Morning Keynote

9:00 – 10:00 am

Session Title	Objectives / Description	Presenter	Comments / Bio
Coming Clean' About Growing Up in a Hoarding Household	Kimberly will speak about the realities of living in a hoarding home, the impact it has on all members of the family, and the ways in which our culture makes it prohibitive for people seek help when needed.	Kimberly Rae Miller	Kimberly Rae Miller is a bestselling author, editor and journalist. Her 2003 memoir, “Coming Clean”, about growing up in a hoarding family, has sold over 200,000 copies worldwide and was picked by both Amazon and Elle magazine as one of the best books of the year. Kim lives in New York with her family.

Break

10:00am – 10:15am

Morning Breakout Sessions

10:15am – 11:30am

Session Title	Objectives / Description	Presenter	Comments / Bio
When Does Hoarding Become Illegal	This breakout session will review the laws that may come into conflict with hoarding behaviors, the agencies responsible for enforcing these laws and the processes they use to bring people with hoarding behavior into compliance with the law.	David Wengert , MSW – Social Worker, Community Legal Services	David Wengert is a social worker in the Housing Unit to Community Legal Services in Philadelphia, where he advocates for tenant rights and fights homelessness by preventing eviction. He represents tenants at hearing, coordinates intake and organizes efforts to expand tenant rights. He organized and currently serves as the chair of the Philadelphia Hoarding Task Force.
Oh No Bugs! - Understanding Infestation	This session will describe how to assess a hoarded home for pests and initiate an integrated pest management (IPM) program to control pests. Resources will be shared.	Dion Lerman - Pennsylvania Integrated Pest Management Program	Dion Lerman is the Environmental Health Programs Specialist for the Pennsylvania Integrated Pest Management Program, a grant funded program housed within Penn State Extension, since 2007. He is an Associate Certified Entomologist (ACE), a licensed pesticide applicator, and a Healthy Homes Specialist (HHS). Dion has a Masters of Public Health, and a B.S. in Hospitality Management, both from Drexel University.

<p>Working Hands-On with Clients – What Do Leading Experts in the Field Suggest</p>	<p>Making that decision to let go or not acquire something, can be an overwhelming and challenging situation each and every time the choice presents itself. It takes commitment, creativity, and practice to make those decisions that moves oneself towards a less cluttered life style. Or does it? What do the experts have to say?</p>	<p>Yasmin Goodman - National Association of Productivity & Organizing Professionals (NAPO) and The Institute for Challenging Disorganization (ICD).</p>	<p>Started in 2003, Yasmin Goodman created <i>Organized at Last!</i>, a company offering innovative solutions for clutter control. Yasmin is an active member of the National Association of Productivity and Organizing Professionals (NAPO) and the Institute for Challenging Disorganization (ICD). In 2014, Yasmin joined the Philadelphia Hoarding Task Force. With Yasmin's active involvement in the industry, she's able to provide the best the industry has to offer for her clients.</p>
<p>Discarding Stress: Understanding and Overcoming the Stress Response in Hoarding Intervention</p>	<p>Participants will understand the physiological and psychological response to stress. Participants will be able to understand how stress can prevent successful sorting and discarding strategies. Participants will learn stress reduction techniques that will help facilitate more effective sorting and discarding sessions when working with clients</p>	<p>Daniel Torrance - Employee Engagement Specialist, Liberty Resources</p>	<p>Danny Torrance is an Employee Engagement Specialist with Liberty Resources and received training in Mindfulness-Based Stress Reduction from the Penn Program for Mindfulness. He obtained his Masters Degree in Applied Positive Psychology from the University of Pennsylvania in 2015 and has been an active member of the Philadelphia Hoarding Task Force's Education and Resource Development Committees for the past 4 years.</p>
<p>Lunch 11:30 am – 12:30 pm</p>			
<p>Afternoon Keynote 12:30 pm – 1:30 pm</p>			
<p>Understanding hoarding disorder: Conceptualization, Treatment Basics, and Common Barriers</p>	<p>This session will provide an overview of the cognitive-behavioral conceptualization of hoarding disorder, as well as features and vulnerability factors that contribute to its maintenance. Dr. Siev will review treatment basics and identify common challenges that arise when working with this population.</p>	<p>Jedidiah Siev, PhD - Assistant Professor of Psychology, Swarthmore College</p>	<p>Jedidiah Siev, PhD, is Assistant Professor of Psychology at Swarthmore College. Previously, he directed the Anxiety Treatment Center and founded the OCD and Related Disorders Program at Nova Southeastern University. Dr. Siev is a licensed clinical psychologist and has considerable experience working with individuals who have OCD, hoarding, body dysmorphic disorder, anxiety, and tic disorders.</p>

Break

1:15pm-1:30pm

Afternoon Breakout Sessions

1:30pm-2:45pm

Session Title	Objectives / Description	Presenter	Comments / Bio
Motivational and Cognitive Approaches to Avoid Confrontation and Build Collaboration with Individuals who Hoard	Individuals who hoard often struggle with insight and motivation, and many well-intentioned efforts to help them are ineffective. Drawing on techniques from motivational interviewing and cognitive therapy, Dr. Siev will focus on ways to enhance motivation in order to work more effectively with individuals who may be ambivalent or resistant.	Jedidiah Siev, PhD - Assistant Professor of Psychology, Swarthmore College	Jedidiah Siev, PhD, is Assistant Professor of Psychology at Swarthmore College. Previously, he directed the Anxiety Treatment Center and founded the OCD and Related Disorders Program at Nova Southeastern University. Dr. Siev is a licensed clinical psychologist and has considerable experience working with individuals who have OCD, hoarding, body dysmorphic disorder, anxiety, and tic disorders.
Impact of Hoarding Conditions on Emergency Responses	This class is designed to help care givers, responders, and enforcement personnel develop effective strategies for helping people with hoarding behaviors. The presentation focuses on how heavy contents conditions can impact emergency response and occupant safety.	Capt. Andrew Brown - Philadelphia Fire Department, Liaison to the Philadelphia Hoarding Task Force (PHTF)	Captain Brown is a 15 year veteran of the Philadelphia Fire Department. Brown is Captain at E40 in Philadelphia's Elmwood neighborhood. Being both the child of a hoarder and a first responder, Brown has done extensive study and applies his knowledge to helping people with hoarding behaviors address their challenges and works with multiple agencies to develop informed plans for these unique situations. Although Captain Brown holds a great deal of respect and responsibility in the area of safety, to all of us, he prefers to be call, simple, Andy.
In a Hoarded Home, Now what....	Addressing the stigma that often follows hoarding disorder and how to combat the ramification of this is what many are finding is the key to providing better outcomes for those who struggle with the behavior and the complexities that go it. This perspective provides intervention options for clinicians and other support provider for engaging individuals to identify their motivation to take action steps towards safer, less cluttered producing habits.	Courtney Owen, LCSW - Director, JFCS of Greater Philadelphia	Courtney Owen, LCSW, JFCS' Director of Individual and Family Services, supports this program as the Hoarding Support Program Director on a part-time basis. Ms. Owen has overseen all facets of the program since 2015. She holds a Master's in Social Work from Tulane University, and has worked in mental health and counseling since 2008. She is co-chair of the Philadelphia Hoarding Task Force's education committee, where she plays a leadership role in engaging and educating community members about Hoarding Disorder.

<p>Using Trauma-Focused CBT in the Clinical Treatment of Hoarding Disorder</p>	<p>In this session, participants will learn the benefits of using Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) in the clinical treatment of Hoarding Disorder. Participants will gain a deeper understanding of what TF-CBT is, as well as specific interventions, scripts, and assessments to use in their clinical work.</p>	<p>Noah J. Duckett - Clinical Social Worker & Hoarding Specialist</p>	<p>Noah J. Duckett is a Clinical Social Worker and Hoarding Specialist in the state of Delaware. A graduate of Boston University's Clinical MSW program, Noah has extensive experience in both the research and clinical treatment of Hoarding Disorder. Noah combines evidence-based, clinical interventions with individual therapy and in-home work to help clients address the root of hoarding behaviors.</p>
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Break
2:45pm-3:00pm

Panel Discussion
3:00pm-4:00pm

Name	Position / Title	Short Bio
<p>Police Officer Tracy Lewis</p>	<p>Philadelphia Police Department/Victim Services Unit</p>	<p>P/O Tracy Lewis has been a member of the Philadelphia Police Department for 21 years. She has been a victim advocate with the Department for 16 years, and has been assigned to the Victims Services Unit for the last three. She is a member of the Philadelphia Hoarding Task Force.</p>
<p>Ann Agnes Pasquariello, Esquire</p>	<p>Director of Enforcement – Department of Licenses and Inspections</p>	<p>Ann is a graduate from Villanova University Law School and practiced law with the City of Philadelphia's Law Department for many years. About 2 ½ years ago, she was asked to join the staff of Licenses and Inspections as the Director of Enforcement. She has been a member of the Philadelphia Hoarding Task Force for 3 years. She has prosecuted hoarders in the Court of Common Pleas and has been successful in have the hoarder reduce materials to safe levels.</p>
<p>Shannon Mercadante</p>	<p>Supervisor, Older Adult Protective Services, Philadelphia Corporation for Aging</p>	<p>Shannon has worked as an Investigator for Older Adult Protective Services (OAPS) at the Philadelphia Corporation for Aging for over three years, and has been a Supervisor for the past six months. OAPS has provided services to many Philadelphia residents who are in imminent risk and need support, including those with hoarding behaviors.</p>
<p>Capt. Andrew Brown</p>	<p>Philadelphia Fire Department, Liaison to the Philadelphia Hoarding Task Force (PHTF)</p>	<p>See bio on previous page.</p>