

New Perspectives: A VIRTUAL SERIES ON HOARDING

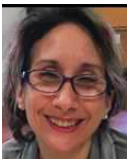
Join JFCS for this insightful three-part series where we will explore the lived experience of hoarding disorder as well as hear from national and international experts on treatment and support.



Hoarding Disorder & Peer Support: Perspective from Lived Experience Thursday, October 7, 9:30am-12:30pm

Lee Shuer & Becca Belofsky, Co-Founders of Mutual Support Consulting, LLC, are internationally recognized experts on hoarding disorder (HD) and peer support. Using their personal and professional lived experience as a backdrop, they bring the trials and triumphs of mental health recovery to life. Becca holds a B.A. in Psychology from Smith College and is a Certified Older Adult Peer Specialist. Her areas of expertise include support for family members of people who have HD, emotional development, identity, and social connectedness throughout the lifespan. Lee has been at the forefront of developing and disseminating trauma-informed, person-centered, self-help groups for people with HD since 2010. He collaborated with Dr. Randy Frost to write the facilitator's guide for The Buried in Treasures (BIT) Workshop, and co-authored WRAP® for Reducing Clutter, with Dr. Mary Ellen Copeland.

Moderator: Yasmin Goodman, Organized At Last! & member of the Philadelphia Hoarding Task Force



Positive Psychology & Hoarding Disorder Thursday, November 11, 9:30am-12:00pm

Danny Torrance is the founder of DLT Decluttering and has been an active member of the Philadelphia Hoarding Task Force since 2015. He brings over 8 years' experience working with people with disabilities in non-profit organizations and holds a Master's Degree in Applied Positive Psychology from the University of Pennsylvania, where he specialized in practices to help people cultivate their strengths, overcome challenges, and live happier and healthier lives.

Moderator: Dara Leinweber, JFCS Hoarding Program Coordinator & Care Manager



Solutions to Hoarding: Four Alternatives to Rapid Clean-Out Thursday, December 9, 1:30-4:30pm

Wendy Hanes, CPO, CPO-CD, and Angela Esnouf are veterans of the organizing industry. They bring their talents together, distilling 30 years of experience and wisdom to form their successful joint venture, Hoarding Home Solutions. Hoarding Home Solutions is the sole trainer of hoarding-related learning programs to the Victorian Dept of Health. Over the last 18 months, they have developed and delivered 4 distinct learning programs to assist staff working with clients who hoard. This represents over 1200 face-to-face education hours. Their online training provides comprehensive practical support and resources to people working on the front line. In Australia, this training has been embraced by multiple local government areas and outreach agencies. Their mission is to provide practical, affordable, easily accessible online training that empowers people to work effectively with confidence and compassion to resolve a hoarding situation.

Moderator: Yasmin Goodman, Organized At Last! & member of the Philadelphia Hoarding Task Force

WHERE: Zoom (link will be provided after registration)

COST: **\$30 per webinar** (3 CEUs per presentation available pending approval — see registration link for more information)

REGISTER: www.jfcsphilly.org/newperspectives

For more information, contact Courtney Owen, LCSW, at cowen@jfcsphilly.org or 267.838.1462.

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