



Hoarding Support Services

Person-Centered • Trauma-Informed • Accessible Care

Struggling with clutter? You are not alone. JFCS offers expert-led support for individuals and families impacted by hoarding disorder. Whether you're just beginning to seek help or looking for continued support, we're here to walk with you—step by step.

Current Support Groups

Buried in Treasures: Support group and workshop focused on understanding clutter and building practical skills to reduce acquiring and saving.

Hoarding & Positive Psychology Group: Learn to use strengths-based tools to set goals, manage stress, and stay motivated while working through clutter.

Monthly Drop-In Support: Ongoing peer support for those who have completed a hoarding group and want continued connection and accountability.

Worried about cost? We offer sliding scale fees and accept certain insurance plans. Call to find an option that works for you.

For more information contact Rivka Goldman
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